



STATEWIDE

HOME HEALTH CARE

SPORTS MEDICINE, FITNESS & MASSAGE

Your home. Your health. We care.

BIOSKIN PERFORMANCE SUPPORTS

Decreasing pain and enhancing human performance through extraordinary innovation, education and service. Premium Bracing is the result of combining innovative designs and a firm understanding of biomechanics, with materials that have been designed specifically for sports medicine applications. Bioskin® is your choice for premium compression bracing.

EQUAGEL



Scan here to learn more about the Bioskin range and material!



30B54231

Bio Skin® Cock-up Wrist Skin

The DP2™/DP3™ Cock-up wrist brace was designed to be the most comfortable and functional wrist-brace ever. The dorsal and palmar stays are removable and can be reshaped by hand to customise the shape of the brace. The low-profile brace allows full use of your fingers while limiting motion in the wrist to ease the pain from carpal tunnel syndrome, arthritis, sprains, and bursitis.



30B54502

Bio Skin® Thumb Spica

This ultra low-profile brace protects the thumb from unwanted motion while allowing full range of motion in the other digits.



Scan here to learn more!



30-B54200

Bio Skin® Boomerang

The Boomerang comfortably provides compression and support for minor wrist problems. The wrap is easy to apply and fits onto either hand.



30B54521

Bio Skin® Wrist/Thumb Spica

The Bio Skin® Wrist / Thumb Spica protects the thumb and wrist against painful movement by controlling the motion of the CMC and Mp joints, while allowing full use of the fingers.



Scan here to learn more!



30B51330

Bio Skin® Hinged Knee Skin

The Skin®Hinged Knee Skin™ is the lightest hinged knee brace available. The offset, bicentric hinges conform to the shape of the leg and provide extra support to knees with ligament damage. Constructed from Bio Skin's® unique, breathable materials, the Hinged Knee Skin™ also provides excellent compression to control swelling and pain and to speed healing in a damaged joint.

Wrap-around design allows for easy application.

- Front Closure application
- Offset hinge reduces pressure at the knee joint
- Unique strapping system minimises migration
- Donut and horseshoe buttresses can change position to allow custom patella support



Scan here to learn more!

Scan here to learn more!



30B41610

Bio Skin® Q Brace

The Q Brace™ has a unique design which allows multi-directional traction of the patella. The "T" strap prevents dislocation and may be attached in various positions to control the direction of traction on the patella. The design of the brace causes the force of traction to increase as the knee goes through a range of motion.



Scan here to learn more!



30B41100

Bio Skin® Standard Knee Skin™

Bio Skin's™ Standard Knee Skin™ gives optimal compression for pain reduction, swelling control, and increased proprioception.



Scan here to learn more!



30B41700

Bio Skin's® Visco Knee Skin™

Bio Skin's® Visco Knee Skin™ is an excellent all-purpose knee brace. The Visco gel ring around the patella provides passive massage to remove swelling and decrease pain.



Scan here to learn more!

BIOSKIN PERFORMANCE SUPPORTS

Bioskin® is a unique, patented material designed to provide high level compression without creating discomfort. Bioskin® is thin and gives radial compression so it conforms nicely to the curves of the body. Bioskin® is also breathable, so perspiration evaporates right through it, and it is hypo-allergenic so you don't have to worry about skin reactions. These characteristics make wearing Bioskin products a surprisingly satisfying experience.

- *Breathable*
- *Hypo-allergenic*
- *Durable*
- *Odourless*
- *Strong*
- *Light*
- *Latex Free*
- *Thin*
- *Machine washable*
- *Neoprene Free*



30B46300

Bio Skin® Calf Skins

Excellent compression to ease the pain in injured calves or shins. The unique SkinLok™ feature of the Bio Skin® material means the sleeve won't slide down the leg, even during vigorous activity.



Scan here to learn more!



30B4610

Bio Skin® Thigh Skin

The compression provided by the sleeve increases circulation, allowing more nutrient-rich blood to flow through the injured tissue during the healing process. Use the Thigh Skin while recovering from any quad or hamstring pain.

Available in sizes XS - XXL



30B42100

Bio Skin® Standard Elbow Skin

The Standard Elbow Skin™ keeps you cool and dry while providing outstanding compression for pain management.



30-B4220

Bio Skin® Tennis Elbow Band

The Tennis Elbow Band fits comfortably below the crease of the elbow and includes a silicon pad and an elastic strap that may be positioned to provide extra compression and pain relief.

30B53601

Bio Skin® Trilok

Whether you're looking for a brace to protect an ankle you've already injured or you're hoping to prevent an ankle injury, Bio Skin's® TriLok™ is the most effective brace for controlling inversion, eversion, and plantar flexion inversion. No other brace offers more stability, comfort, and safety.



Scan here to learn more!



30B51650

Bio Skin® The Q Baby

The Q Baby™ wraps comfortably around the knee, just below the patella, and includes a uniquely shaped silicon pad that fits over the patella tendon to give pain relieving compression for patella tendonitis and to increase surface contact area in the joint.



Scan here to learn more!



Scan here to learn more!



Bio Skin® Backskin System

Treat lumbar sprains, pain from overuse, muscle strains, and develop better back posture. We've designed our back brace with a narrow cut in the front and flexible stays on the sides so when sitting or bending the brace remains pliable and doesn't impinge on the groin area or into the rib cage.

Customise your treatment with these lumbar support options:

30B47200

Scan here to learn more!



Bio Skin® Flexible Support

Provides multi-directional support. Choose one of two placement options



Bio Skin® Backskin Lumbar Pad

Offers a broad variety of pad positions to fit directly over the pain.



VULKAN RANGE OF SPORTS BRACING



Vulkan has been a trusted name, innovating the market in braces & supports for 40 years. Now Vulkan continues that tradition with the introduction of Vulkan Professional Orthopaedic range to the Vulkan brand family. Vulkan Professional Orthopaedic range offers a comprehensive selection of quality supports to meet the exacting requirements of health professionals. The Professional Orthopaedic range has the largest selection covering all anatomical areas and offers both universal and broad size ranges, designed for most injuries, conditions or postoperative support. A combination of closed cell neoprene construction and elastic materials helps retain heat at the site of injury for faster recovery.

Wrist/Thumb Support

Wrist/Thumb Support provides superior support and stability to the thumb with mouldable thermoplastic insert. 6" (15.2 cm).

30-VLK-1188



Elastic Ankle Support

The Vulkan Advanced Elasticated range is the latest innovation in lightweight supports. Provides uniform support & compression, but has unique heat retaining properties that increase blood flow around the joints during activities to speed up the natural healing process.

Available in pink & black.



30-VLK-36



30-VLK-1790

Ice Bag Wrap

Features a removable 20cm (9") ice bag with adjustable wrap for knee; can also be worn on elbow or ankle. Neoprene wrap holds ice bag in place and provides support.

Universal size, fits most.



30-VLK-1790

Vulkan Clavicle Posture Brace

Vulkan Clavicle Posture Brace supports clavicle and helps correct poor posture. Flexible stays and vented elastic strapping.

Available in sizes S-XXL.



30-VLK-2049

Vulkan Hernia Belt

Vulkan Hernia Belt applies gentle, adjustable, gradual pressure to help reduce inguinal hernias.

Available in sizes S-XL.



30-VLK-328

Mesh Arm Sling - 4 Sizes

Mesh Arm Sling is an envelope style mesh arm sling with shoulder strap and thumb loop, providing immobilisation of the arm and shoulder. Latex free.



30-VLK-2175

Abdominal Binder - 5 Sizes

Provides compression to stabilise abdominal area post-operatively or post-natal. Tri-panel elastic material and soft foam.



30-2402

Soft Neck Collar

Serves as a reminder to limit cervical flexion.

FITNESS - MASSAGE - THERAPEUTIC

A comprehensive range of dumbbells and accessories are available. Ideal for low-impact exercise right through to a regimented fitness program. Weights start from 0.5 kg.



950901

950210

Squiz Ball

Squiz balls build strength in fingers, hands, arms and shoulders. They help to achieve stronger grip and improve wrist strength. Ergonomically designed to the shape of a squash ball, they fit perfectly in the palm of smaller hands or between fingers. **Choose from 3 strengths: soft, medium or hard.**



Exercise Putty

Putty can be used in therapy to improve grip strength, dexterity, and hand strengthening through finger, hand and wrist resistive exercises. Each colour-coded putty comes in different consistencies



95-020

Vinyl Dumbbells

Vinyl Dumbbells are perfect for a variety of individual and group workouts, including jogging and power walking, aerobics, general exercise, physical therapy and even yoga routines. These easy to grip, easy to clean Vinyl Dumbbells are colour coordinated and available in 0.5 incremental weights ranging from 0.5 kgs to 10 kgs.



950703

950704

Exercise Mat

Manufactured from a closed cell material that is resistant to moisture, the exercise mat is a great accessory for any user who gets a sore back when performing floor exercises. Ideal for use in aerobic, yoga and pilates classes.

Available in 1800 x 1200 x 20 mm
1800 x 600 x 10 mm



951001

Exercise Pedals

95-010

Fitness Ball

Fitness ball has been scientifically proven to improve both your posture, core strength and your overall balance and stability. Fitness Balls are also often used in rehabilitation and in the treatment of back pain.

Available in 55 cm, 65 cm & 75 cm.

950706



Foam Rollers

Foam Rollers have become an essential tool for Pilates, core, ab and back stabilisation and strengthening. They are also used as a balance training tool to improve balance for sports, everyday balance, or in a physical therapy setting. **15 cm diameter 90 cm length**

Exercise Bike



FITNESS - MASSAGE - THERAPEUTIC



96-T4085

Thera-Band® Door Anchor

Simply insert this anchor into the pull side of a door, completely close and latch the door, and your TheraBand is ready for action.



96T7785

Thera-Band® Exercise Bands

Thera-Band® latex Exercise Bands are used for resistive exercise. They provide both positive and negative force on the muscles, improving strength, range of motion and co-operation of muscle groups. Colour-coded progressive resistance gives at-a-glance documentation of progress from one level to the next.



950218

Adjustable Ankle Cuffs

By being able to increase the weight of the cuff from 0.5kg all the way up to 10 kg, this allows greater flexibility in what you can achieve (0.5 kg weights sold separately in packs of 10).



950228

Ankle Cuff

The cuff weight contours to snugly fit the ankle, wrist, and even thigh. Its long velcro closure strap assures a secure and comfortable fit even during the most strenuous exercise program.

Available in 0.5kg – 2kg



96-T4084

Therahandles (2)

Comfortable, good quality handles to assist exercising with resistive bands and tubing. Foam covered handle for a better feel.

MASSAGE



950803

Index Knobber

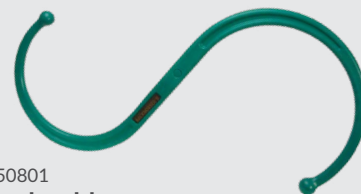
Developed as a device to be used by practicing, hands-on therapists. Therapists who use The Original Index Knobber II to treat patients find it extremely helpful in applying precise pressure to soft tissue trigger points.



95-0802

Jacknobber

The knobs at each of its four points can be used to apply pressure to muscular trigger points. The smaller knobs are used to give deep pressure while the larger knobs are used to apply gentle pressure.



950801

Backnobber

The Original Backnobber® II is used by hooking the device over a shoulder or under an arm and using its leverage to apply deep pressure to trigger points in the muscles of the neck, shoulders, upper and lower back. This pressure can significantly reduce tension and pain in soft tissue and increase the range of motion and overall function.

ICE PACKS



Gel Ice Pack Super Size

50-A213



50-A215G

Gel Ignite – Hot and Cold Pack

Available in blue or green.

50-A215B



50-0243

Gel Eye Mask



50-0102

50-0103

Reusable Hot/Cold Pack

Available in two sizes
S/M or M/L

Learn more about other popular products that may support your home health care journey.



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