

Pressure Care

SHEEPSKIN underlays encourage good health and can help provide added comfort of those confined to one position for long periods of time.



Bedroom

The height of of your bed is also important post operatively. To raise the bed to a recommended height BED BLOCKS can be placed under the legs of your bed. Bed height is not usually a major issue, but if you have a particularly low bed, hiring a set of Bed Blocks will solve the problem.



If you are recovering from hip surgery or have limited movement, it's particularly hard to pick things up off the floor and to reach your feet.

We've collected a few of our customer's favourite products and put together this value for money INDEPENDENCE KIT.



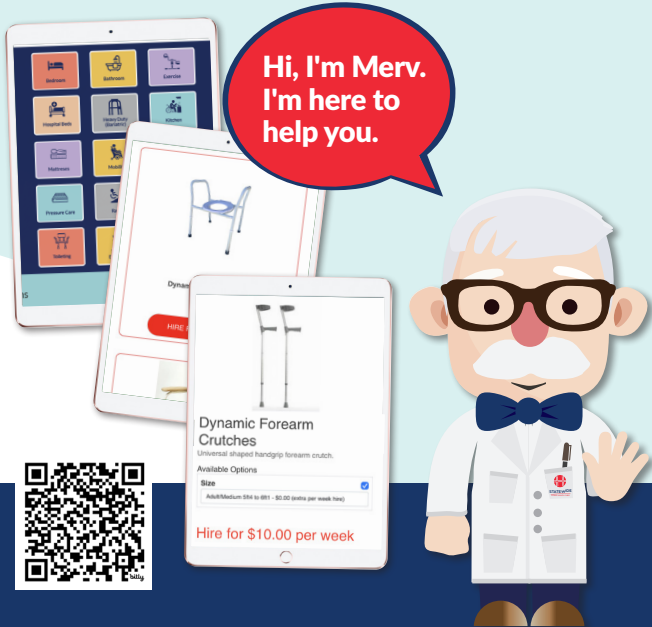
The kit contains:

- Reacher
- Shoe Horn
- Toe Drier
- Sock Aid

Explore hire.shhc.com.au for all your rehab equipment needs!

Explore our extensive range of rehab equipment for hire, specially designed to support recovery after your joint replacement surgery – and get you on the move.

Our virtual assistant, Merv, is here to make the process smooth and simple, guiding you every step of the way.

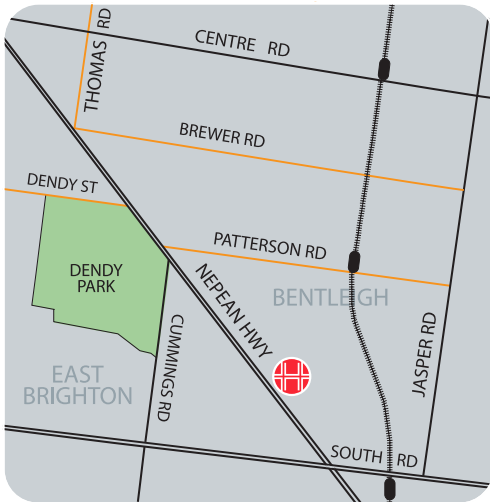


Scan the QR code, visit hire.shhc.com.au or call (03) 9591 6234 for all your hire needs.



- Free hospital delivery**
- We can coordinate delivery with your hospital team to match your discharge
- Home delivery for a small fee, or pick up from our Bentleigh showroom for free
- Pay after discharge (for hire equipment only)
- Delivery up to 4 days before your discharge, so everything is ready when you get home

** Where a service agreement exists



909 Nepean Highway, Bentleigh 3204
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OPEN

Mon - Friday 9am - 5pm
Saturday 9am - 2pm



Joint Replacement Patients Equipment Guide

Independent Living and Rehabilitation Equipment

This information is a general guide to your possible equipment needs post operatively.

Safely Mobilising

It is a good idea to purchase FORE ARM CRUTCHES early to practice prior to your admission. As fore arm crutches will in most cases be needed for your entire rehabilitation period, it is more cost effective to purchase them, than hire them.



In addition to crutches, different appliances may be needed as your mobility improves post operatively. For example, you may need a WALKING FRAME for a couple of weeks on your arrival home.

A KITCHEN TROLLEY (right) is ideal for use around the house at meal times.



The KITCHEN STOOL (left) is an ideal "energy saver" for use in the kitchen where the user has difficulty standing.



Height adjustable seating

The most important attribute of all these chairs is that they are height adjustable. Rising is simple and your new joint remains at the correct angle as recommended by your surgeon.

The KINGSTON CHAIR (right) is a very basic chair, offering minimal support and height adjustment for easy launching.

For extra comfort, the KAUFMAN, PANAMA and PRESIDENT are all available.



The KAUFMAN (above left) and PANAMA (above right) are mid back chairs which give excellent lower back support. These two chairs are light enough to be moved between rooms if required.

The PRESIDENT is similar to the high back chair you will find in your room on the ward. The high back chair is quite heavy and should be left in one position perhaps near the television.

Patients sometimes hire a high back chair for the lounge room, and use the Kingston or mid back chairs in the dining room or the bedroom in the evening for changing.



All chairs are available for hire or purchase.

Toileting

An OVER TOILET SEAT will add necessary height to your toilet which is important post operatively. The hire time frame on this key appliance is often up to 6 weeks.

The over toilet seat is available for hire or purchase.

An OVER TOILET SEAT allows you to rise easily from the toilet by providing height and supportive arms from which you can launch yourself.



SPLASH GUARD AND PANS are also available

A SAVANAH RAISED TOILET SEAT is available when an Over Toilet Seat will not fit. (For example, the vanity unit is too close to the toilet to accommodate the dimensions of the OVER THE TOILET SEAT.



URINALS AND BEDPANS

We stock a comprehensive range of urinals and bed pans.



Bathing

If you have a shower over a bathtub, BATH BOARDS are available to hire.

BATH BOARDS are plastic (depicted) and lock onto the inside of the bathtub to hold them securely in place.

HAND HELD SHOWERS are also an option if a fixed shower screen restricts the boards positioning.



The TRANSFER BENCH is helpful for transferring in and out of the bath if your bath has no ledges to lean a bath board.



For patients who are unable to put weight on their operated leg, SHOWER STOOLS and SHOWER CHAIRS are also available.

If you have a small shower recess, a stool is more compact. SHOWER CHAIRS allow you to sit back in safety and comfort.

P Purchase H Hire

Please note if you are a DVA Workcover or TAC patient, please speak to your Occupational Therapist or Physiotherapist.